

The Effects of Squeezed Grapes Residue on the Preservation of Stored Fried Potato Chips

*N. M. Salih AL-Janabi, A. M. Mahmed AL-Samraee and ¹W. S. Ulaiwi

*Department of food science, College of Agriculture, Baghdad University, Iraq.

¹Basic Sciences Section, College of Agriculture, Baghdad University, Iraq.

E-mail: *nidhalspring@yahoo.com

ABSTRACT

The squeezed grapes residue (SGR) was used as antioxidant. The oxidative activity SGR estimated in vitro by measuring the reducing power and scavenging of hydrogen peroxide. The concentration of SGR was 200ppm which was added to frying oil to prepare potato chips. The antioxidant activity was measured at 45°C for a storage periods 0, 3, 6, 9, 12 days. It was found that the peroxide (pov) and thiobarbutyric acid (TBA) values by using the SGR were lower than of the control and similar to BHT treatment (the (pov) values of control, BHT and SGR were 8.00, 6.00 and 6.00 meq /kg respectively). At the end of storage, TBA values of control, BHT and SGR were 1.17, 1.01 and 1.01mg/kg. The antioxidant activity of SGR was higher as compared with control, but similar to synthetic antioxidant (BHT.) Therefore, we are recommended SGR as natural antioxidant to be used in food systems.

Keywords: Natural preservatives, Waste of Grapes Juice, Potato Chips, Antioxidant

1. INTRODUCTION

Residues such as peels and seeds that result from fruit juice production may contain substantial amounts of valuable natural antioxidants and antimicrobials. Grape skin and seeds are rich source of healthy promoting polyphenols, including flavan-3-ols of different degree of polymerization that are potent free radical scavengers which is useful to be used as preventative agents against cancer, cardiovascular diseases and premature aging¹. Grape (*Vitis vinifera*) is one of the world's largest fruit crops, with an approximate annual production of 58 million metric tons². Grape seeds contain lipid, protein, carbohydrates and 5-8% polyphenols depending on the variety. The polyphenols are mainly, flavonoids, including: gallic acid, monomeric flavan-3-ols catechin, epicatechin, gallic acid, epigallocatechin, epicatechin-3-o-gallate, procyanidin (dimers, trimers and more highly polymerized procyanidins). The most abundant phenolic compounds which were isolated from grape seeds are catechins, epicatechin, procyanidin and some dimers and trimers³. Various herbs, vegetables and fruits contain numerous phytochemicals in addition to phenolic compounds⁴⁻⁵. Many of these phytochemicals possess significant antioxidants capacities that are associated with lower incidence and lower mortality rates of cancer in several human cohort⁴. Natural antioxidants capacities substances (NAS) usually have a phenolic moiety in their molecular structure, its NAS can act as antioxidants, or have synergistic effect when used together with phenolic antioxidants, which can be obtained from plant material, food waste, microorganisms and animal cells⁶⁻⁷. The word "antioxidant" means the implicitly restricted to chain breaking inhibition of lipid peroxidation⁸. Microbial activity is a primary mode of deterioration of many foods and is often responsible for the loss of quality and safety, concern over pathogenic and spoilage microorganisms in food is increasing due to the increase in outbreaks of food borne disease⁹. Currently there is a growing interest to use natural preservatives, like plant extracts for increasing the shelf life of foods, as these possess a characteristic flavor, antioxidant activity as well as antimicrobial activity¹⁰. Some potato chips companies have responded to the criticism, both informal and legal, by investing in research and development to modify existing recipes and create health conscious products also marketed baked potato chips as an alternative with lower fat content¹¹⁻¹². The present study aimed to use the squeezed grapes residue as a cheap (byproduct) natural preservative to increase the shelf-life of potato chips.

2. MATERIALS AND METHODS

Waste of grape juice (SGR): was obtained from a selling shop of grape juice in Baghdad. It was washed (3 times) and naturally dried. Sun flower oil without any synthetic antioxidants was obtained from plant oils Iraqi general company. Potato: was purchased at a local market in Baghdad (Iraqi potato variety).

Dried waste grape juice were crushed and extracted in a Soxhlet extractor with petroleum ether (60-80°C for 6 hr) to extract the fatty material. The defatted SGR powder extracted in a Soxhlet apparatus for 8 hr separately with methanol: water: acetic acid (90:9.5:0.5). The extracts were filtered and concentrated under vacuum to get crude extract¹³.

Total phenolic, free phenolic and tannin in squeezed of grape juice extract (SGR) were determined quantitatively by using titration method¹⁴⁻¹⁵. Assessment antioxidant activity of (SGR) in vitro were measured by two methods, scavenging hydrogen peroxide¹⁶ and reducing power¹⁷.

Preparation of potato chips peeled potatoes were cut in to slices using a slicer machine (Turkish-origin/kenod). The slices were macerated in dis- water with (2.5gm/L) salting for 15 min at room temp (22^oc), and it were rinsed under running tap water. Then the excess water was drained before being fried, after that the slices were divided into three allots, the first: counted as a control. The second: potato was fried in an oil (sun flower) with 200ppm of SGR, and the third with BHT (2%) as synthetic antioxidant at 195^oc min in an electric container fryer. Fried potato chips were drained while cooling to remove excess oil. Three samples of potato chips were placed in an incubator at 45^oc for 12 days, stored and periodically used for analysis¹⁸.

Extraction of oil from potato chips:- the stored potato chips were crushed, n-hexane added and the mixture was shaken twice for 30 min in a stomacher at room temperature in a dark place. The extract were filtered (what man no.4) to obtain particles free extract and then concentrated with a rotary evaporator 35c. The extracted oil analysis was based on: Peroxide value (pov)¹⁹ and thiobarbutiric acid (TBA)²⁰.

3. RESULTS AND DISCUSSION

The total phenols were 13.312% (Tannin 8.32 %and free phenols 4.992%) in (SGR) extract. Most of the phenolic or polyphenolic compounds in nature have antioxidative activities, like tocopherol, flavonoid and other organic acids²¹. [Fig -1] shows the comparison of the scavenging of peroxide abilities of (SGR) extract with ascorbic acid were (42.91, 101.4, 107.2 and 115.7)% for (SGR) at concentration (2,4,6 and 8) mg/ml respectively, while were in the following order (101.20, 120.64, 183.80 and 199.19)% for vit. C at the same concentrations mentioned above. The ability of scavenging was increasing with the increase of concentration of SGR extract and vit. C. scavenging of hydrogen peroxide by phenolic compounds due to donor of electrons²².

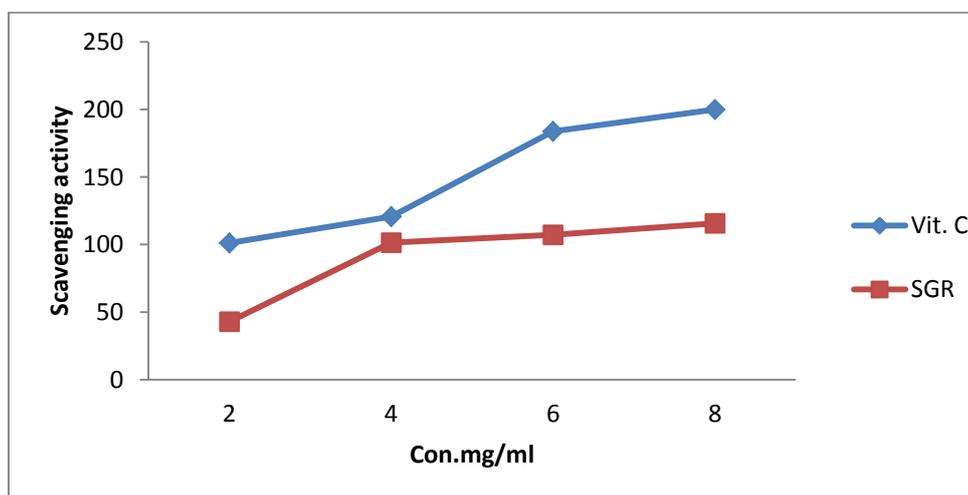


Fig-1: Antioxidant activity of SGR by Scavenging of peroxide

The results showed that (SGR) extract was effective nearly as BHT at con. 40 mg/ml the reducing power for it was 88.60 % for BHT and 88.91% for SGR. while reducing power for PG less than 66.66 %. Reducing power activity of (SGR) extract was enhanced by increasing its concentration [Fig -2]. Reducing power indicates compounds that are electron donors, which can act as primer and secondary antioxidant²³. These results agreed with result of²⁴ Vit. C had Scavenging peroxide activity at 1.0 mlmole concentration reached 70.4% and gallic acid 93.3% at the same concentration²⁴.

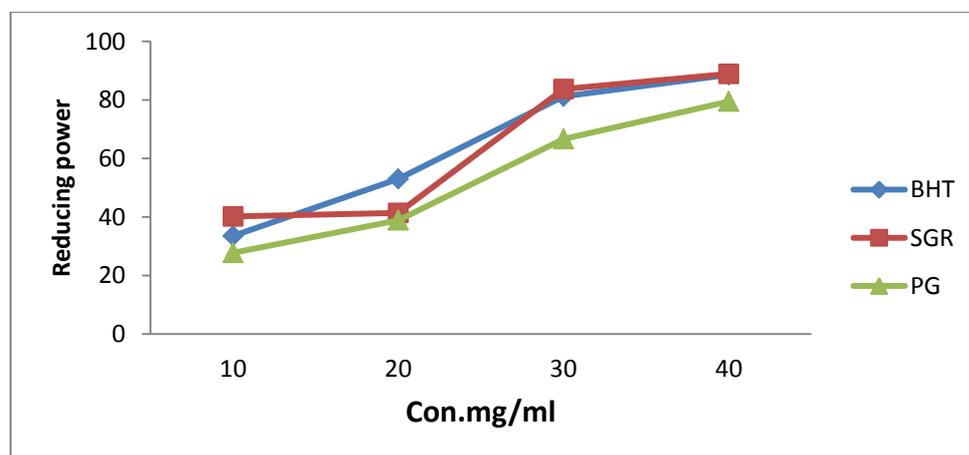


Fig-2: Antioxidant activity of SGR (6%) by Reducing power for 12 days

Determination of (pov) can be used as an oxidation index during the early stages of lipid oxidation as the primary products (hydroperoxids). [Fig- 3] shows increasing in pov during storage and the control was the highest, followed by (SGR) and BHT treatment which were 10.00, 8.00, 8.00 meq/kg respectively. After 6 days of storage pov of (SGR) treatment was the slowest than of control and BHT, but after 9 days the pov decreased for all treatment. Control, SGR and BHT [Fig-3] but pov of the (SGR) was lowest than the BHT and control, while after 12 days of storage pov of (SGR) decreased progressively and the peroxide value was 8.00 meq/kgm for control which was highest than BHT and (SGR) treatments [Fig-3].

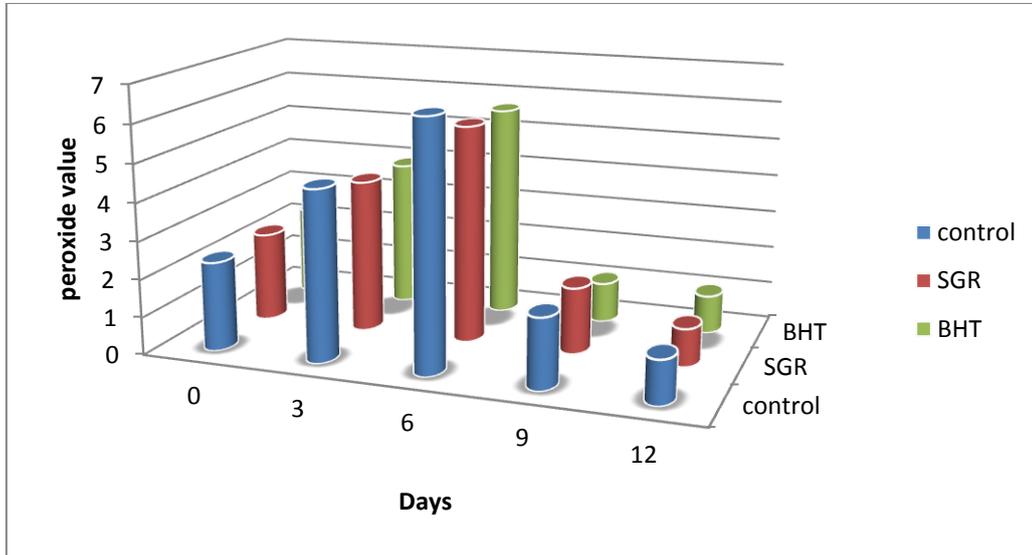


Fig-3: Peroxide value (pov) on potato chips containing SGR (200ppm) stored at 45°C

In the present study we have applied waste of grape juice to characterize the direct preservation food matrix. We have also compared it with a synthetic antioxidant (BHT). Plant extract with antioxidant effect have been tested in several food systems like ground beef²⁵, ground beef patties²⁶, fish meat system²⁷. SGR used in this study to know the effect of it on the oxidative stability of fried potato chips.

TBA values of potato chips storage are shown in [Fig-4], after 6 days of storage potato chips at 45°C: TBA value of control treatment was highest than that of BHT and SGR treatments, the TBA value in SGR was 6.52 mg/kg where TBA value of SGR 5.74 mg/kg approach to TBA value of BHT 5.64 mg/kg after 6 days of storage.

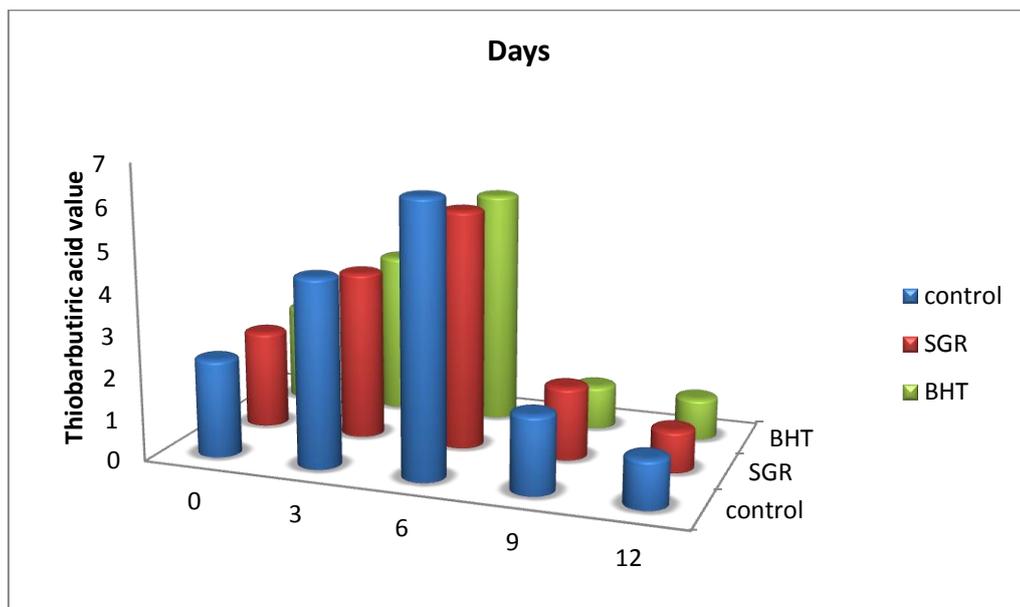


Fig-4: Thiobarbituric acid value (TBA) on potato chips containing squeezed grapes residue (200ppm) stored at 45 °C

After the storage period finished (12days), SGR and BHT treatment exhibited similar results. However, control treatment result in a higher increase. Some studies provided that the oligomeric procyanidine from grape seed and pine bark, bilberry and ginko exhibited total antioxidant activities in the range of 5.12 -2.57 mHTrolox. An indication of valuable antioxidant capacity²⁸, in other studies about the natural antioxidants (NA) used of oleoresin rosemary, Sage extract and citric acid improved the sensory acceptability of potato chips during 5 days repeated deep fat frying²⁹.

Also presence of rosemary extract or ascorbyl palmitate in the frying oil caused a marked reduction in the rate of loss of the tocopherols³⁰. These results were contemporary to result in precedent study, provided antioxidant activity of SGR extract (in vitro) like antioxidant activity of BHT and PG by estimate (pov) through β -carotene bleaching test³¹. The antioxidant activity of SGR due to phenolic compounds moiety. Phenolic compounds have antioxidant activity mainly due to their redox properties, which can play an important role in adsorbing and neutralizing free radicals³².

4. CONCLUSION

We thought waste of grape juice can be used as abiological coats, coating material and preservative of food as antioxidant and antimicrobial, these results showed that adding 200 ppm of SGR to potato chips were good level as a natural antioxidant due to decreasing peroxide values and TBA value, even though SGR may be a source of phenolic compounds.

5. REFERENCES

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